



CHAMPION LAKES BOATING CLUB-

Kayaking

Information Sheet 2019-2020

1. About our club

Champion Lakes Boating Club (CLBC) was formed in 2007 as a result of the Armadale Redevelopment Authority (ARA) recognizing the need for a local community group to have access to the international facilities available at Champion Lakes Regatta Centre. The ARA set up a community reference group headed by Toni Buti (now the local MLA for Armadale), Alana Mc Tiernan (the MLA for Armadale at the time), John Ellis, the Executive Officer for the Armadale Redevelopment Authority, Glenn Baker, who owned businesses in Armadale and Kelmscott and several other local community members. From this initial stage, the ARA built and gifted a boatshed to house a community boat club. The main objective of the club was to cater for rowing, dragon boating and kayaking, with the possibility of attracting other aquatic sports. The group elected Glenn Baker as its first President and the CLBC Constitution was finalized in April 2007, although the club did not become active until the summer of 2007/2008.

Champion Lakes Boating Club is a unique sporting club in WA in that it currently hosts 4 aquatic sports under its banner. Each of the four disciplines, kayaking, rowing, dragon boating and radio sailing have their own subcommittees and they report monthly to an Executive Committee, made up of a President, Secretary, Treasurer and 4 sport Representatives. The club currently has approximately 200 members.

In 2011, management of the Champion Lakes Regatta Centre was taken over by Venues West, the State government organization which manages many of Perth's top State sporting venues. The boat club remains a local incorporated sporting club, run independently of the management group, but facing the immediate future of now paying for the rent of its premises from Venues West.

The club is a family friendly club and comes together regularly for whole of club social events.

The 2017-2018 Executive Committee consists of:

- President, John Beinke, beinkesbobcat@optusnet.com.au Mob 0419 935 065
- Secretary, Trish Strickland, Mob 0433 349 458 secretary@clbc.org.au
- Treasurer, Peter Douglas, treasurer@clbc.org.au, 0409 419 474
- Kayaking Rep: Robyn Brown, kayaking@clbc.org.au, 0401 311 817
- Dragon Boating Rep:
- Rowing Rep: Indra Siva, clbcrowing@gmail.com Mob 0413 855 252
- Radio Sailing Rep: Roger Paul, rpaul6@bigpond.com

The Kayaking Sub Committee consists of:

- Robyn Brown (Coordinator, Membership, Lesson Coordinator)
kayaking@clbc.org.au, mob 0401 311 817

- Agnes Pajor, Guppy Coach, Junior Squad Coach, pajorag@gmail.com mob 0422 547 514
- Atti Kaplan, Coach, kaplan_at@yahoo.com
- Allan Mumford, Senior Rep allanandlynne@iinet.net.au
- Peter Douglas, Senior Rep, petlor@iinet.net.au
- Greg Smith, Adult Fitness Coach, ptwithgreg@gmail.com
- Lynette Campbell, Uniforms, New Member induction, lynetteian43@gmail.com
- Daniel Bowen, coach, danbowen85@gmail.com
- Roberto Bonomo, Membership enquiries, RBTGDM@gmail.com
- Daniel Oates, General Committee, daniel.oates@leapaust.com.au

We welcome your interest and ideas to help steer kayaking to greater heights at Champion Lakes!

2. Use of Club Boats: (Please refer to rules on the back doors)

- To be eligible to use a club boat, members must have passed a Basic Skills course or arrange assessment with our club instructor or coaches, Agnes Pajor
- It is a privilege to use club equipment NOT A RIGHT.
Respect of all equipment (craft, paddle, pfd) is paramount. Some of the club equipment is privately owned and loaned to the club until it is financial enough to purchase club boats. Please wash all equipment and return to its correct place. Carry the craft carefully and do not drag. Two people are needed to carry a K1 to maintain care and safety.
- K1s are fragile and should be launched from the pontoon not the beach. This is particularly important for the 2 x Kayak Pros and Tk1 and Tk2
- Club boats are identified with a CLBC sticker. There should also be a number on each club boat for identification purposes. It should also have a designated space on the shelves. Please look at the Boat Rack Plan on the shed door.
- Any boats with broken parts or missing parts are to be reported to the President and Allan Mumford (shared role) for attention.
- Members are encouraged to purchase their own craft after 2-3 months. Consult the club instructor for advice.

3. Private Boats

- PRIVATE BOATS ARE NOT COVERED BY CLUB INSURANCE
- Each boat has a designated shelf. Please negotiate with the Boat Officers regarding this placement.
- Private boats need to be tied securely on mobile racks as these are designed to move!

4. Boat Shed Rules

Please help keep the boat shed clean and tidy. This shed was originally provided FREE of charge to our club by the Armadale Redevelopment Authority, unlike many sporting club who fundraise for years to get basic facilities, so don't abuse it.

We now have to pay approximately \$6000 per year in rent to Venues West, who inspect the shed twice a year.

- All boats must be washed and emptied before stowing.
- Keep the floor clean and tidy. There is a broom and shovel, kept near the side door to occasionally sweep. There are also 2 bins to throw rubbish. These need emptying to the large bins outside occasionally.

- Please follow the boat storage plan displayed in the boatshed for positioning of private boats and Paddle WA boats. If there are issues about your allocated position or concerns about other boats being moved contact the Boat Officer
- Paddle WA boats are all marked clearly and are available to members if not being used by Paddle WA. Any damage incurred must be reported to the kayaking sub committee so repairs can be
- All CLBC equipment is stowed neatly- generally in the centre of the shed away from the side racks where there is most movement/traffic
- Clothes, shoes and water bottles removed from the shed.
- Chairs must be stacked
- Kitchen area is to be left clean and tidy.

5. Broken Equipment and Incidents

- All equipment damage (club or otherwise) and incidents are to be reported to the President/in an incident book
- Life threatening incidents need to be handled through the club emergency response plan . See attached to shed door

6. Alcohol and Smoking

- Alcohol is not to be consumed at Champion Lakes Regatta Centre unless it is at an event with a liquor license
- Smoking is prohibited at all times

7. Tea and Coffee making facility

CLBC members have the use and access to tea and coffee making (and light breakfasts) in boatshed. Kettle, toaster and frypan are kept in the cupboard near the side entrance door. There is also a microwave, plates and cutlery.

Currently you need to bring your own tea, coffee milk etc although we may trial a user pay system, depending on interest.

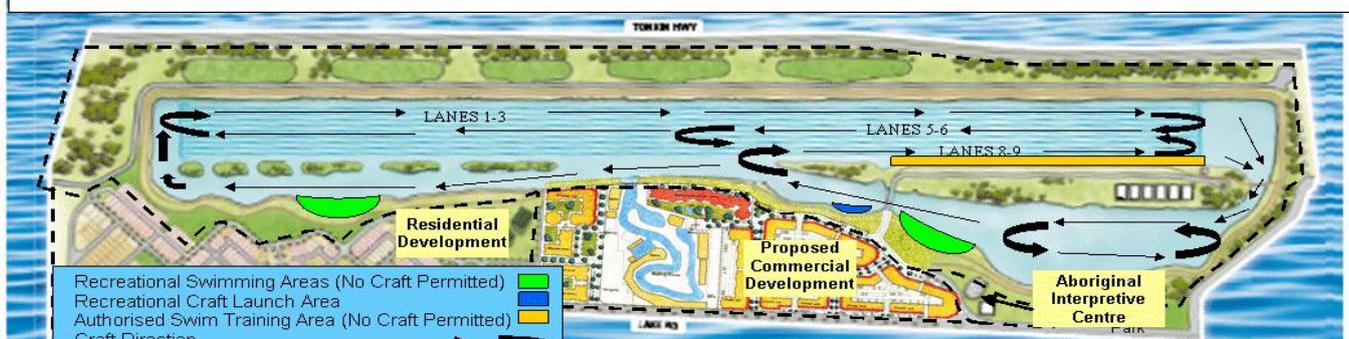
There are also chairs and a tables/trestles to be used by members. Chairs can be removed by members, parents to watch training but must be returned and stacked.

The area must be kept clean and tidy

8. Flow Plan of Craft on the Lake

With up to 20 CLBC members (rowers and kayakers) on the water in the morning, it is especially important for safety purposes, that all members follow a flow plan established by the Regatta Centre

Recreational Activity & Craft Flow Plan



9. Lights on boats

It is a policy of CLBC that all members have a light on their boat before and after sunrise. Inexpensive LED lights can be purchased from cycle shops and either attached to your kayak or hat. Although Champion Lakes is not an open waterway, it is still bound by State Legislation (Prevention of Collision at Sea Regulations 1983, p 21)

Getaway Outdoors, Kelmscott, one of our club sponsors have suitable lights.

10. Insurance

Private Boat owners, storing their boats in the boatshed, **please be aware that private boats are NOT covered by a contents insurance policy.** The club does have a policy that covers CLUB BOATS ONLY.

11. Involvement in other CLBC aquatic sports

With 4 sports under one banner it is inevitable that CLBC members become curious and want to try other sports. This is possible but it is important that members follow the correct procedure to make sure they are covered by insurance at all times.

If you are interested in trying another sport the club runs Come and Try Days regularly. Either check the CLBC website (www.clbc.org.au) for information or contact the appropriate Sporting Rep from the Executive Committee (contact details above). Qualified instructors provide full equipment and safe instruction.

12. Club activities and events:

- Kayakers Breakfasts/meals: The committee endeavours to run occasionally as a social event. This is a great way to meet the other CLBC kayakers who may come to the lake at different times to you and maybe involved in another discipline of kayaking.
- Juniors – We have a major focus on junior development with guppies for 8-12 year olds and also juniors 13-17 years old. Qualified coaches are provided. Main training session is Sunday 3.30-5:00pm with extra before and after school training sessions for the super keen paddlers! (Currently Tuesday and Friday 4:30-5:30pm) To enter the junior program, juniors must have done a Basic Skills or beginners course (usually held in school holidays). Coaching fees apply: *If you plan to be a "casual" Sunday session paddler it is \$5 per session payable at the session. If you plan to paddle twice per week for the whole month it is \$40 payable in advance at the start of the month. If you plan to come 3 or more times per week for the whole month, then it is \$60 payable at the start month.* See website for full details of Juniors program. <http://www.championlakes.canoe.org.au/default.asp?Page=18191>
- There is also a separate Guppy/Junior Rule sheet
- Elite Sprint Group...a new format implemented 2019-2020. A fast track program for paddlers to train from 1 Oct to reach competitive times at State Sprint Champs in the following February. Program charge is \$100, which covers \$50 insurance to paddle WA. All coaching costs are free for this period.. Participants to sign a pledge of commitment and coach to make regular assessments.
- Para Canoe- The club welcomes people with a disability to paddle with them. We have experienced coaches who will assist you with finding the right boat to suit your needs. Contact Robyn Brown for information about para canoeing.

- Seniors- We have a small group of seniors who meet socially during the week - Tuesday to Fridays. Times vary between 8:30-9:00am depending on the season.. The club runs a Come and Try event during Seniors Week
- Time Trials- These have been abandoned due to lack of interest but will start again if anyone is interested, Usually run Thursday evenings 6:00pm
- Social Paddles: Social paddles on the Swan or Canning are held regularly.
- Adult Fitness Squad... Agnes pajor takes this group. This group is for the Avon Descenters and serious paddlers wanting structured fitness programs.
- Meetup Groups...contact Laz Jakso (lj23@hotmail.com) and (Mitch Hale (mitchell.j.hale114@gmail.com)

13. Website: CLBC Kayakers have their own website, compliments of Paddle Australia through your membership fees. (<http://www.championlakes.canoe.org.au/>) Please check it regularly for up to date news. If you have suggestions to improve the website, photos or information you would like included, then email the webmaster. Note: A new website is currently being built (September 2019)

14. **CLBC General Facebook site.** Please join us on Facebook (<http://www.facebook.com/groups/ChampionLakesBoatingClub/>) and spread the news about the club!! Please remember etiquette when using social media. It is a forum to share photos and stories about our members out there competing or having fun somewhere on the water.

15. e News: A regular e newsletter will provide members current news.

16. Team App... The club has also signed up to free App on the Play Store. We are hoping to use this to communicate more with members particularly for events

We look forward to seeing you on the water!!